



Pizza Schmizza Core Menu Nutritional Facts

PIZZA SIZES	SLICES	Allergen Statement: Products may include the following allergens:
XXL 18"	8	[C]rustaceans, [E]gg, [F]ish, [G]luten, [M]ilk, [MD]Mustard, [P]eanut, [SS] Sesame Seed,
XL 16"	8	[SH]ellfish, [S]oy, [T]ree Nuts, [W]heat
Large 14"	8	See individual items below for allergen content.
Medium 12"	8	NOTICE: Gluten Free denotes the pizza crust ONLY. Topping items may contain gluten.
Medium Gluten Free 12"	8	NOT ALL ITEMS ARE AVAILABLE AT ALL LOCATIONS

12/9/21

NUTRITIONAL FACTS		Allergens	Serving Size Measure	Calories (kcal)	Fat (g)	Fat %	Saturated Fat (g)	Saturated Fat %	Trans Fatty Acid (g)	Cholesterol (mg)	Cholesterol %	Sodium (mg)	Sodium %	Carbohydrate (g)	Carbohydrate %	Dietary Fiber (g)	Dietary Fiber %	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D %	Calcium %	Iron %	Potassium %	Vitamin A %	Vitamin C %	
PIZZA																											
12" Alligator	M,S,W	1 slice	230	7	9	3.5	18	0	25	8	460	20	29	1	0	0	2	0	12	0	10	10	0	2	8		
14" Alligator	M,S,W	1 slice	320	10	13	5	25	0.5	35	12	650	28	41	15	0	0	3	0	16	0	15	10	0	2	15		
16" Alligator	M,S,W	1 slice	430	14	18	7	35	0.5	45	15	860	37	55	20	1	4	4	4	22	0	20	15	2	2	20		
18" Alligator	M,S,W	1 slice	550	16	21	8	40	1	55	18	1070	47	72	26	1	4	5	0	27	0	25	20	2	4	30		
12" Bac-O-Roni	M,S,W	1 slice	220	16	21	11	55	0	30	10	570	25	21	8	0	0	1	0	12	0	10	6	0	0	2		
14" Bac-O-Roni	M,S,W	1 slice	340	27	35	16	80	0	40	13	780	34	30	11	0	0	2	0	17	0	15	10	0	0	2		
16" Bac-O-Roni	M,S,W	1 slice	420	31	40	21	105	0	60	20	1090	47	39	14	0	0	2	0	24	0	20	15	0	0	4		
18" Bac-O-Roni	M,S,W	1 slice	550	42	54	30	150	0	75	25	1420	62	53	19	0	0	3	0	31	0	25	20	0	0	4		
12" BBQ Bacon Cheeseburger	M,S,W	1 slice	200	13	17	10	50	0	25	8	480	21	24	9	0	0	3	0	12	0	10	10	0	0	4		
14" BBQ Bacon Cheeseburger	M,S,W	1 slice	280	19	24	14	70	0	35	12	680	30	33	12	0	0	4	0	17	0	15	10	2	0	6		
16" BBQ Bacon Cheeseburger	M,S,W	1 slice	390	25	32	19	95	0	45	15	950	41	44	16	0	0	6	0	23	0	2	15	20	0	8		
18" BBQ Bacon Cheeseburger	M,S,W	1 slice	510	35	45	27	135	0	60	20	1240	54	60	22	0	0	8	0	31	0	25	20	2	0	8		
12" BBQ Brown (Spicy BBQ)	M,S,W	1 slice	220	8	10	3	15	0	20	7	620	27	28	10	0	0	5	0	10	0	10	10	0	0	80		
14" BBQ Brown (Spicy BBQ)	M,S,W	1 slice	310	10	13	4	20	0	30	10	830	36	39	14	0	0	7	0	14	0	15	10	0	0	100		
16" BBQ Brown (Spicy BBQ)	M,S,W	1 slice	400	13	17	6	30	0	40	13	1070	47	50	18	0	0	8	0	18	0	20	15	0	0	130		
18" BBQ Brown (Spicy BBQ)	M,S,W	1 slice	510	16	21	7	35	0	45	15	1320	57	68	25	0	0	12	0	23	0	25	20	2	0	150		
12" BBQ Chicken	M,S,W	1 slice	250	11	14	0	20	0	20	7	600	26	29	11	0	0	6	0	10	0	10	10	0	0	4		
14" BBQ Chicken	M,S,W	1 slice	310	10	13	5	25	0	30	10	790	34	40	15	0	0	7	0	13	0	15	10	2	2	6		
16" BBQ Chicken	M,S,W	1 slice	400	14	18	6	30	0	40	13	1040	45	52	19	0	0	10	0	17	0	20	15	2	2	6		
18" BBQ Chicken	M,S,W	1 slice	510	16	21	8	40	0	45	15	1280	56	69	25	0	0	13	0	22	0	25	20	2	2	8		
12" Buffalo Bleu Chicken	E,M,S,W	1 slice	240	12	15	4.5	23	0	25	8	660	29	23	8	0	0	1	0	10	0	10	6	0	0	2		
14" Buffalo Bleu Chicken	E,M,S,W	1 slice	340	16	21	6	30	0	35	12	880	38	32	12	0	0	1	0	13	0	15	10	0	0	2		
16" Buffalo Bleu Chicken	E,M,S,W	1 slice	440	22	28	8	40	0	45	15	1140	50	42	15	0	0	2	0	18	0	25	15	0	0	2		
18" Buffalo Bleu Chicken	E,M,S,W	1 slice	550	26	33	10	50	0	55	18	1380	60	56	20	0	0	2	0	22	0	25	15	0	0	2		
12" Burrito	M,S,W	1 slice	170	5	6	3	15	0	15	5	410	18	22	8	0	0	1	0	8	0	10	6	0	0	2		
14" Burrito	M,S,W	1 slice	240	7	9	3.5	18	0	20	7	570	25	32	12	0	0	1	0	11	0	15	10	0	0	2		
16" Burrito	M,S,W	1 slice	320	10	13	5	25	0	30	10	770	33	41	15	0	0	2	0	15	0	20	15	0	0	4		
18" Burrito	M,S,W	1 slice	410	12	15	6	30	0	35	12	970	42	56	20	0	0	3	0	19	0	25	20	0	0	4		
12" Cabo Chicken	E,M,S,W	1 slice	260	12	15	4	20	0	20	7	560	24	26	9	0	0	1	0	10	0	10	10	0	0	4		
14" Cabo Chicken	E,M,S,W	1 slice	340	16	21	5	25	0	30	10	730	32	36	13	0	0	2	0	13	0	15	10	2	0	6		
16" Cabo Chicken	E,M,S,W	1 slice	450	21	27	7	35	0	40	13	950	41	46	17	0	0	3	0	18	0	20	15	2	0	6		
18" Cabo Chicken	E,M,S,W	1 slice	570	25	32	9	45	0	45	15	1180	51	61	22	0	0	3	0	22	0	25	20	2	0	8		
8" Cheese (Personal)	M,S,W	1 slice	200	8	10	4	20	0	25	8	450	20	21	8	0	0	1	0	10	0	15	6	0	0	2		
12" Cheese	M,S,W	1 slice	190	7	9	4	20	0	20	7	430	19	21	8	0	0	1	0	10	0	15	6	0	0	2		
14" Cheese	M,S,W	1 slice	270	10	13	6	30	0	30	10	610	27	30	11	0	0	2	0	14	0	25	10	0	0	2		
16" Cheese	M,S,W	1 slice	350	13	17	7	35	0	40	13	780	34	39	14	0	0	2	0	17	0	30	15	0	0	4		
18" Cheese	M,S,W	1 slice	460	17	22	9	45	0	55	18	1020	44	53	19	0	0	3	0	23	0	40	15	0	0	4		
8" Chicken Bacon Ranch (Personal size)	E,M,S,W	1 slice	260	24	31	17	85	0	35	12	710	31	24	9	0	0	1	0	16	0	10	6	0	0	2		
12" Chicken Bacon Ranch	E,M,S,W	1 slice	240	17	22	10	50	0	30	10	650	28	24	9	0	0	1	0	13	0	10	10	0	0	2		
14" Chicken Bacon Ranch	E,M,S,W	1 slice	330	23	29	15	75	0	40	13	880	35	33	12	0	0	2	0	18	0	15	10	0	0	2		
16" Chicken Bacon Ranch	E,M,S,W	1 slice	440	31	40	20	100	0	50	17	1150	50	43	16	0	0	2	0	24	0	2	15	0	0	4		
18" Chicken Bacon Ranch	E,M,S,W	1 slice	570	42	54	27	135	0	65	22	1450	63	58	21	0	0	3	0	32	0	25	20	0	0	6		
12" Chicken Burrito	M,S,W	1 slice	210	8	10	3	15	0	20	7	580	25	25	9	0	0	1	0	10	0	10	10	0	0	80		
14" Chicken Burrito	M,S,W	1 slice	280	10	13	4	20	0	25	8	780	34	35	13	0	0	2	0	13	0	15	10	0	0	100		
16" Chicken Burrito	M,S,W	1 slice	370	13	17	6	30	0	35	12	1030	45	45	16	0	0	2	0	17	0	20	15	0	0	120		
18" Chicken Burrito	M,S,W	1 slice	470	16	21	7	35	0	40	13	1260	55	61	22	0	0	3	0	21	0	25	2	0	0	140		
12" Chicken Pot Pie	M,S,W	1 slice	220	9	12	4.5	23	0	25	8	430	19	27	10	1	4	3	0	9	0	15	6	2	20	10		
14" Chicken Pot Pie	M,S,W	1 slice	310	12	15	6	30	0	35	12	600	26	37	13	1	4	4	0	12	0	15	10	2	25	15		
16" Chicken Pot Pie	M,S,W	1 slice	410	17	22	8	40	0	45	15	820	36	48	17	1	4	5	0	17	0	25	15	4	30	20		
18" Chicken Pot Pie	M,S,W	1 slice	520	20	26	10	50	0	55	18	1030	45	64	23	2	7	6	0	21	0	25	20	4	35	30		
12" Cochino Chicken	M,S,W	1 slice	230	16	21	10	50	0	25	8	590	26	23	8	0	0	1	0	13	0	15	1	0	0	330		
14" Cochino Chicken	M,S,W	1 slice	310	22	28	15	75	0	35	12	810	35	32	12	0	0	2	0	17	0	15	10	0	0	410		
16" Cochino Chicken	M,S,W	1 slice	410	29	37	20	100	0	50	17	1050	46	42	15	0	0	3	0	23	0	25	15	0	0	490		
18" Cochino Chicken	M,S,W	1 slice	520	38	49	28	140	0	60	20	1320	57	56	20	0	0	3	0	30	0	25	20	0	0	570		
12" Ciambotta	M,S,W	1 slice	210	8	10	3.5	18	0	25	8	540	23	24	9	0	0	2	0	10	0	10	10	0	4	8		
14" Ciambotta	M,S,W	1 slice	300	12	15	5	25	0	30	10	760	33	34	12	0	0	2	0	13	0	15	10	0	0	15		
16" Ciambotta	M,S,W	1 slice	400	16	21	7	35	0	45	15	1020	44	45	16	0	0	3	0	18	0	20	15	0	2	20		
18" Ciambotta	M,S,W	1 slice	510	20	26	8	40	0	50	17	1280	56	60	22	1	4	4	0	23	0	25	20	2	2	25		
12" Combo Classico	M,S,W	1 slice	200	8	10	3.5	18	0	20	7	440	19	22	8	1	0	1	0	9	0	10	6	0	0	2		
14" Combo Classico	M,S,W	1 slice	280	12	15	4.5	23	0	30	10	610	27	31	11	0	0	2	0	12	0	15	10	0	0	2		
16" Combo Classico	M,S,W	1 slice	370	16	21	6	30	0	40	13	830	36	40	15	0	0	2	0	17	0	20	15	0	2	4		
18" Combo Classico	M,S,W	1 slice	480	19	24	8	40	0	45	15	1030	45	54	20	0	0	3	0	21	0	25	15	0	2	4		
Nutritional reports and analysis were compiled from the data supplied by Schmizza International Inc. and Pizza Schmizza® using Genesis® software, and The Food Processor software from ESHA Research, Salem, Oregon.																											
PIZZA (cont)																											
12" Creole	M,S,W	1 slice	200	8	10	3	15	0	20	7	520	23															

14" Creole	M,S,W	1 slice	280	10	13	4	20	0	25	8	700	30	34	12	0	0	2	0	12	0	15	10	0	2	110		
16" Creole	M,S,W	1 slice	370	13	17	6	30	0	35	12	910	40	44	16	0	0	3	0	16	0	20	15	0	2	140		
18" Creole	M,S,W	1 slice	460	16	21	7	35	0	40	13	1120	49	59	21	1	4	4	0	20	0	25	20	2	2	170		
8" Don Ho (Personal)	M,S,W	1 slice	190	6	8	3	15	0	20	7	440	19	24	9	0	0	4	0	9	0	10	6	0	0	6		
12" Don Ho	M,S,W	1 slice	190	6	8	3	15	0	20	7	450	20	25	9	0	0	4	0	10	0	10	6	0	0	6		
14" Don Ho	M,S,W	1 slice	250	7	9	3.5	18	0	25	8	610	27	33	12	0	0	5	0	13	0	15	10	0	0	6		
16" Don Ho	M,S,W	1 slice	350	10	13	5	25	0	40	13	820	36	46	17	0	0	8	0	17	0	20	15	2	0	10		
18" Don Ho	M,S,W	1 slice	440	12	15	6	30	0	45	15	1030	45	59	21	0	0	8	0	22	0	25	20	2	0	10		
8" Extreme Veggie (Personal)	M,S,W	1 slice	180	7	9	3	15	0	15	5	420	18	23	8	0	0	2	0	8	0	10	10	2	4	10		
12" Extreme Veggie	M,S,W	1 slice	180	7	9	3	15	0	15	5	420	18	23	8	0	0	2	0	8	0	10	10	2	4	10		
14" Extreme Veggie	M,S,W	1 slice	260	9	12	3.5	18	0	20	7	580	25	33	12	1	4	2	0	11	0	15	10	2	6	20		
16" Extreme Veggie	M,S,W	1 slice	340	12	15	5	25	0	30	10	780	34	43	16	1	4	3	0	15	0	20	15	4	6	35		
18" Extreme Veggie	M,S,W	1 slice	440	15	19	6	30	0	35	12	980	43	59	21	1	4	5	0	19	0	25	20	4	8	45		
12" Foo Foo	M,S,W	1 slice	200	7	9	3.5	18	0	20	7	540	23	24	9	0	0	1	0	9	0	10	6	0	0	2		
14" Foo Foo	M,S,W	1 slice	290	11	14	4.5	23	0	25	8	830	36	36	13	0	0	2	0	13	0	15	10	0	0	4		
16" Foo Foo	M,S,W	1 slice	400	15	19	6	30	0	35	12	1180	51	49	18	0	0	4	0	18	0	25	15	0	0	6		
18" Foo Foo	M,S,W	1 slice	510	18	23	7	35	0	40	13	1520	66	66	24	0	0	5	0	22	0	30	20	0	0	8		
8" Genoa (Personal)	M,S,W	1 slice	260	14	18	5	25	0	35	12	720	31	22	8	0	0	1	0	11	0	1	10	0	0	2		
12" Genoa	M,S,W	1 slice	270	15	19	6	30	0	40	13	770	33	22	8	0	0	1	0	12	0	10	10	0	0	2		
14" Genoa	M,S,W	1 slice	370	20	26	8	40	0	50	17	1030	45	32	12	0	0	2	0	16	0	15	10	0	0	4		
16" Genoa	M,S,W	1 slice	480	25	32	10	50	0	65	22	1330	58	41	15	0	0	2	0	21	0	20	15	0	0	4		
18" Genoa	M,S,W	1 slice	610	31	40	12	60	0	80	27	1670	73	56	20	0	0	3	0	27	0	25	20	0	0	6		
12" Genovese	M,S,W	1 slice	200	8	10	3	15	0	15	5	380	17	23	8	0	0	1	0	8	0	15	6	0	0	4		
14" Genovese	M,S,W	1 slice	280	11	14	4.5	23	0	25	8	530	23	33	12	0	0	1	0	11	0	15	10	2	0	4		
16" Genovese	M,S,W	1 slice	370	15	19	6	30	0	35	12	730	32	43	16	0	0	2	0	16	0	25	15	2	0	8		
18" Genovese	M,S,W	1 slice	480	19	24	7	35	0	40	13	910	40	57	21	0	0	2	0	20	0	30	20	2	0	8		
12" Greek Veggie	M,S,W	1 slice	190	7	9	3.5	18	0	20	7	460	20	23	8	0	0	2	0	9	0	10	10	0	2	6		
14" Greek Veggie	M,S,W	1 slice	270	10	13	4.5	23	0	25	8	640	28	32	12	0	0	2	0	12	0	15	10	0	4	6		
16" Greek Veggie	M,S,W	1 slice	360	14	18	6	30	0	35	12	850	37	43	16	0	0	3	0	16	0	20	15	2	4	8		
18" Greek Veggie	M,S,W	1 slice	460	16	21	7	35	0	40	13	1060	46	57	21	1	4	4	4	20	0	25	2	2	6	10		
12" Green Chicken Pie	M,S,W	1 slice	230	10	13	4	20	0	20	7	650	28	25	9	0	0	2	0	10	0	15	10	2	4	330		
14" Green Chicken Pie	M,S,W	1 slice	330	14	18	5	25	0	30	10	950	41	37	13	0	0	3	0	14	0	20	15	2	4	420		
16" Green Chicken Pie	M,S,W	1 slice	440	19	24	7	35	0	40	13	1270	55	48	17	0	0	3	0	19	0	25	15	2	6	500		
18" Green Chicken Pie	M,S,W	1 slice	550	23	29	8	40	0	45	15	1590	69	64	23	1	4	4	0	23	0	35	30	2	6	580		
12" Hula Hula	M,S,W	1 slice	200	12	15	9	45	0	25	8	460	20	25	9	0	0	4	0	12	0	10	10	2	0	6		
14" Hula Hula	M,S,W	1 slice	270	17	22	14	70	0	30	10	630	27	34	12	0	0	5	0	16	0	15	10	2	0	8		
16" Hula Hula	M,S,W	1 slice	370	23	29	18	90	0	45	15	850	37	45	16	0	0	7	0	22	0	20	15	2	2	10		
18" Hula Hula	M,S,W	1 slice	470	32	41	26	130	0	55	18	1080	47	59	21	0	0	8	0	29	0	25	20	2	2	15		
12" Italiano	M,S,W	1 slice	220	8	10	3.5	18	0	20	7	570	25	26	9	0	0	2	0	10	0	10	10	0	0	80		
14" Italiano	M,S,W	1 slice	300	11	14	5	25	0	30	10	770	33	36	13	0	0	2	0	14	0	15	10	0	0	100		
16" Italiano	M,S,W	1 slice	390	15	19	7	35	0	40	13	1000	43	46	17	0	0	3	0	18	0	20	15	0	0	130		
18" Italiano	M,S,W	1 slice	490	17	22	8	40	0	45	15	1220	53	61	22	0	0	4	0	22	0	25	20	0	0	150		
12" Jamaican Jerk	M,S,W	1 slice	210	8	10	3	15	0	20	7	530	23	27	10	0	0	4	0	9	0	10	10	2	0	90		
14" Jamaican Jerk	M,S,W	1 slice	290	10	13	4	20	0	25	8	700	30	37	13	0	0	5	0	12	0	15	15	2	2	120		
16" Jamaican Jerk	M,S,W	1 slice	380	13	17	6	30	0	35	12	920	40	48	17	0	0	7	0	17	0	20	15	2	2	150		
18" Jamaican Jerk	M,S,W	1 slice	480	16	21	7	35	0	40	13	1120	49	64	23	1	4	8	0	21	0	25	20	2	2	180		
12" Loaded Baked Potato	M,S,W	1 slice	200	14	18	10	50	0	20	7	390	17	22	8	0	0	0	0	11	0	10	6	0	0	2		
14" Loaded Baked Potato	M,S,W	1 slice	290	21	27	14	70	0	30	10	530	23	31	11	0	0	1	0	15	0	15	10	2	0	2		
16" Loaded Baked Potato	M,S,W	1 slice	390	29	37	19	95	0	40	13	710	31	40	15	0	0	1	0	20	0	20	10	2	0	2		
18" Loaded Baked Potato	M,S,W	1 slice	510	40	51	27	135	0	50	17	910	40	54	20	0	0	1	0	27	0	25	15	2	2	2		
12" Margherita	M,S,W	1 slice	190	7	9	3.5	18	0	20	7	360	16	22	8	0	0	1	0	9	0	10	6	2	2	6		
14" Margherita	M,S,W	1 slice	260	10	13	4.5	23	0	25	8	500	22	31	11	1	4	2	2	12	0	15	10	2	2	6		
16" Margherita	M,S,W	1 slice	350	14	18	6	30	0	35	12	670	29	41	15	1	4	2	0	16	0	20	10	4	4	10		
18" Margherita	M,S,W	1 slice	450	17	22	7	35	0	40	13	830	36	55	20	1	4	3	0	20	0	25	15	4	4	10		
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PIZZA (cont)																											
12" Mediterranean	M,S,W	1 slice	230	10	13	4	20	0	20	7	660	29	25	9	0	0	1	0	11	0	10	10	0	4	240		
14" Mediterranean	M,S,W	1 slice	330	13	17	5	25	0	30	10	920	40	36	13	0	0	2	0	15	0	15	10	2	4	400		
16" Mediterranean	M,S,W	1 slice	440	18	23	7	35	0	40	13	1250	54	48	17	0	0	3	0	20	0	25	15	2	6	560		
18" Mediterranean	M,S,W	1 slice	560	22	28	8	40	0	50	17	1570	68	65	24	1	4	4	0	25	0	30	30	2	8	710		
12" Nacho Porko	E,M,S,W	1 slice	270	13	17	4.5	23	0	30	10	570	25	27	10	0	0	1	0	11	0	10	10	0	0	60		
14" Nacho Porko	E,M,S,W	1 slice	370	17	22	6	30	0	35	12	830	36	38	14	0	0	2	0	14	0	15	10	0	0	80		
16" Nacho Porko	E,M,S,W	1 slice	480	23	29	8	40	0	50	17	1130	49	49	18	0	0	2	0	19	0	25	15	0	0	90		
18" Nacho Porko	E,M,S,W	1 slice	620	28	36	9	45	0	60	20	1430	62	65	24	0	0	3	0	24	0	25	20	0	0	120		
12" Nashville Honey Hot Chicken	M,S,W	1 slice	210	8	10	3	15	0	20	7	580	25	26	9	0	0	2	4	9	0	10	6	0	0	2		
14" Nashville Honey Hot Chicken	M,S,W	1 slice	280	10	13	4	20	0	25	8	770	33	35	13	0	0	3	4	12	0	15	10	0	0	2		
16" Nashville Honey Hot Chicken	M,S,W	1 slice	370	13	17	6	30	0	35	12	1030	45	45	16	0	0	4	6	16	0	20	15	0	0	2		
18" Nashville Honey Hot Chicken	M,S,W	1 slice	470	16	21	7	35	0	40	13	1280	56	61	22	0	0	5	6	20	0	25	15	0	0	2		
12" No Kiss Tonight	M,S,W	1 slice	230	10	13	4.5	23	0	25	8	560	24	24	9	0	0	1	0</									

8" Pepperoni (Personal)	M,S,W	1 slice	230	12	15	4.5	23	0	25	8	520	23	21	8	0	0	1	0	9	0	10	6	0	0	2		
12" Pepperoni	M,S,W	1 slice	210	9	12	4.5	23	0	25	8	520	23	21	8	0	0	1	0	9	0	10	6	0	0	2		
14" Pepperoni	M,S,W	1 slice	280	12	15	6	30	0	35	12	710	31	30	11	0	0	2	0	13	0	15	10	0	0	2		
16" Pepperoni	M,S,W	1 slice	390	18	23	8	40	0	50	17	990	43	39	14	0	0	2	0	18	0	20	15	0	0	4		
18" Pepperoni	M,S,W	1 slice	500	22	28	10	50	0	60	20	1260	55	53	19	0	0	3	0	22	0	25	20	0	0	4		
12" Philly Cheesesteak	M,S,W	1 slice	210	8	10	3.5	18	0	30	10	560	24	22	8	0	0	1	0	11	0	10	2	0	2	8		
14" Philly Cheesesteak	M,S,W	1 slice	290	11	14	5	25	0	40	13	770	33	31	11	0	0	1	0	16	0	20	10	2	4	20		
16" Philly Cheesesteak	M,S,W	1 slice	380	14	18	7	35	0	50	17	960	42	41	15	1	4	2	0	20	0	25	15	2	6	25		
18" Philly Cheesesteak	M,S,W	1 slice	480	17	22	8	40	0	60	20	1180	51	55	20	1	4	2	0	25	0	30	20	2	6	35		
12" Popeye & Olive Oil	M,S,W	1 slice	200	8	10	4.5	23	0	25	8	400	17	22	8	0	0	1	0	9	0	10	6	2	4	4		
14" Popeye & Olive Oil	M,S,W	1 slice	270	11	14	6	30	0	35	12	550	24	31	11	0	0	2	0	12	0	15	10	2	4	6		
16" Popeye & Olive Oil	M,S,W	1 slice	360	15	19	8	40	0	45	15	730	32	40	15	0	0	2	0	16	0	25	15	2	6	6		
18" Popeye & Olive Oil	M,S,W	1 slice	460	18	23	9	45	0	55	18	920	40	54	20	1	4	2	0	20	0	25	15	2	6	8		
12" Rustic Pie	M,S,W	1 slice	200	7	9	3.5	18	0	20	7	420	18	25	9	1	4	2	0	9	0	10	10	4	4	20		
14" Rustic Pie	M,S,W	1 slice	280	10	13	5	25	0	30	10	340	15	35	13	1	4	3	0	13	0	15	10	4	4	20		
16" Rustic Pie	M,S,W	1 slice	360	12	15	6	30	0	35	12	770	33	46	17	1	4	4	0	17	0	20	15	6	6	30		
18" Rustic Pie	M,S,W	1 slice	460	15	19	7	35	0	40	13	960	42	61	22	2	7	5	0	21	0	25	20	6	6	35		
12" SchMACaroni	E,M,S,W	1 slice	230	15	19	11	55	0	30	10	520	23	26	9	0	0	1	0	13	0	10	10	0	0	2		
14" SchMACaroni	E,M,S,W	1 slice	340	21	27	16	80	0	40	13	700	30	40	15	0	0	1	0	18	0	15	10	0	0	2		
16" SchMACaroni	E,M,S,W	1 slice	460	29	37	21	105	0	55	18	980	43	54	20	0	0	2	0	25	0	25	15	0	0	2		
18" SchMACaroni	E,M,S,W	1 slice	600	39	50	29	145	0	70	23	1270	55	72	26	3	0	3	0	32	0	25	20	2	0	2		
12" Schmeat Trio	M,S,W	1 slice	210	9	12	4	20	0	30	10	570	25	22	8	1	0	1	0	11	0	10	10	0	0	2		
14" Schmeat Trio	M,S,W	1 slice	300	13	17	6	30	0	40	13	830	36	31	11	0	0	2	0	16	0	15	10	0	0	2		
16" Schmeat Trio	M,S,W	1 slice	400	17	22	8	40	0	55	18	1090	47	40	15	0	0	2	0	21	0	20	15	0	0	4		
18" Schmeat Trio	M,S,W	1 slice	510	21	27	10	50	0	65	22	1380	60	54	20	0	0	3	0	27	0	25	20	0	0	4		
12" Sch'meat'za	M,S,W	1 slice	280	20	26	12	60	0	45	15	740	32	22	8	0	0	1	0	16	0	10	10	0	0	2		
14" Sch'meat'za	M,S,W	1 slice	400	29	37	18	90	0	65	22	1050	46	31	11	0	0	2	0	23	0	15	15	0	0	4		
16" Sch'meat'za	M,S,W	1 slice	530	39	50	24	120	0	85	28	1400	61	41	15	0	0	2	0	31	0	20	15	0	0	6		
18" Sch'meat'za	M,S,W	1 slice	690	52	67	33	165	0	110	37	1760	77	55	20	0	0	3	0	40	0	25	20	0	0	6		
12" Schpaghetti & Meatball	E,M,S,W	1 slice	250	9	12	4	20	0	25	8	510	22	29	11	0	0	2	0	12	0	15	10	0	0	2		
14" Schpaghetti & Meatball	E,M,S,W	1 slice	340	13	17	6	30	0	35	12	710	31	41	15	0	0	2	0	17	0	15	15	0	0	4		
16" Schpaghetti & Meatball	E,M,S,W	1 slice	450	17	22	8	40	0	45	15	940	41	53	19	0	0	3	0	22	0	25	20	0	0	4		
18" Schpaghetti & Meatball	E,M,S,W	1 slice	570	20	26	9	45	0	55	18	1170	51	70	25	0	0	4	0	27	0	25	30	0	0	6		
12" Spicy Italian	M,S,W	1 slice	200	8	10	3.5	18	0	20	7	430	19	23	8	0	0	1	0	9	0	10	10	0	2	10		
14" Spicy Italian	M,S,W	1 slice	290	12	15	5	25	0	30	10	640	28	33	12	0	0	2	0	13	0	15	10	0	2	20		
16" Spicy Italian	M,S,W	1 slice	400	17	22	7	35	0	45	15	890	39	44	16	1	4	3	0	18	0	20	15	2	4	30		
18" Spicy Italian	M,S,W	1 slice	510	21	27	9	45	0	55	18	1130	49	60	22	1	4	4	0	23	0	25	30	2	6	40		
12" Spicy Thai	M,P,S,W	1 slice	220	8	10	3	15	0	20	7	590	26	25	9	0	0	2	0	10	0	10	6	0	2	6		
14" Spicy Thai	M,P,S,W	1 slice	300	11	14	4	20	0	25	8	800	35	36	13	0	0	3	0	13	0	15	10	0	2	10		
16" Spicy Thai	M,P,S,W	1 slice	390	15	19	6	30	0	35	12	1040	45	46	17	0	0	4	0	17	0	20	15	0	4	15		
18" Spicy Thai	M,P,S,W	1 slice	500	18	23	7	35	0	40	13	1290	56	61	22	1	4	5	0	21	0	25	20	2	4	20		
12" Steak & Baked Potato	M,S,W	1 slice	220	9	12	4	20	0	30	10	610	27	23	8	0	0	2	0	11	0	10	10	0	0	4		
14" Steak & Baked Potato	M,S,W	1 slice	300	11	14	5	25	0	40	13	810	35	33	12	0	0	2	0	15	0	15	10	2	0	4		
16" Steak & Baked Potato	M,S,W	1 slice	390	15	19	7	35	0	50	17	1050	46	42	15	0	0	3	0	20	0	20	15	2	0	6		
18" Steak & Baked Potato	M,S,W	1 slice	490	18	23	9	45	0	60	20	1280	56	57	21	0	0	4	0	24	0	25	20	2	0	6		
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PIZZA (cont)																											
12" Steak Fajita	M,S,W	1 slice	200	7	9	3.5	18	0	30	10	590	26	22	8	1	0	2	0	11	0	10	10	0	0	10		
14" Steak Fajita	M,S,W	1 slice	280	10	13	4.5	23	0	35	12	780	34	32	12	0	0	2	0	15	0	15	10	0	2	20		
16" Steak Fajita	M,S,W	1 slice	370	13	17	6	30	0	45	15	1000	43	42	15	1	4	3	0	20	0	20	15	0	2	30		
18" Steak Fajita	M,S,W	1 slice	470	15	19	7	35	0	55	18	1230	53	57	21	1	4	4	0	24	0	25	20	2	4	40		
12" Sweet & Sour Chicken	M,S,W	1 slice	220	7	9	3	15	0	20	7	510	22	28	10	0	0	5	0	9	0	10	10	0	0	10		
14" Sweet & Sour Chicken	M,S,W	1 slice	290	10	13	4	20	0	25	8	690	30	37	13	0	0	6	0	12	0	15	10	2	2	15		
16" Sweet & Sour Chicken	M,S,W	1 slice	390	13	17	6	30	0	35	12	900	39	51	19	0	0	9	0	17	0	20	15	2	2	25		
18" Sweet & Sour Chicken	M,S,W	1 slice	490	16	21	7	35	0	40	13	1100	48	65	24	0	0	10	0	21	0	25	20	2	2	30		
12" Taco Truck Steak Taco	E,M,S,W	1 slice	230	11	14	4	20	0	30	10	600	26	22	8	0	0	1	0	11	0	10	6	0	0	0		
14" Taco Truck Steak Taco	E,M,S,W	1 slice	310	14	18	5	25	0	40	13	790	34	30	11	0	0	1	0	15	0	15	10	0	0	2		
16" Taco Truck Steak Taco	E,M,S,W	1 slice	410	18	23	7	35	0	50	17	1020	44	40	15	0	0	2	0	20	0	20	15	0	0	2		
18" Taco Truck Steak Taco	E,M,S,W	1 slice	530	23	29	9	45	0	60	20	1260	55	54	20	0	0	2	0	25	0	25	15	0	0	2		
12" The Sink	M,S,W	1 slice	270	14	18	4.5	23	0	35	12	710	31	24	9	0	0	2	0	12	0	8	10	0	0	10		
14" The Sink	M,S,W	1 slice	360	19	24	6	30	0	45	15	960	42	34	12	0	0	3	0	16	0	10	15	2	2	20		
16" The Sink	M,S,W	1 slice	480	24	31	9	45	0	60	20	1290	56	44	16	1	4	4	0	22	0	15	15	2	2	25		
18" The Sink	M,S,W	1 slice	600	29	37	10	50	0	70	23	1590	69	59	21	1	4	5	0	27	0	20	20	2	2	30		
12" The Wrangler	M,S,W	1 slice	280	12	15	5	25	0	30	10	750	33	34	12	0	0	8	0	9	0	10	6	0	0	8		
14" The Wrangler	M,S,W	1 slice	340	12	15	6	30	0	45	15	1050	46	41	15	0	0	10	0	17	0	20	10	0	0	8		
16" The Wrangler	M,S,W	1 slice	390	13	17	7	35	0	45	15	1110	48	49	18	0	0	10	1	19	0	20	15	0	0	8		
18" The Wrangler	M,S,W	1 slice	490	15	19	8	40	0	50	17	1380	60	66	24	0	0	13	0	23	0	25	20	0	0	10		
12" Traditional	M,S,W	1 slice	220	10	13	4.5	23	0	25	8	570	25	22	8	0	0	1	0	9	0	10	6	0	0	6		
14" Traditional	M,S,W																										

14" Yucateco	M,S,W	1 slice	350	11	14	5	25	0	30	10	880	38	45	16	0	0	3	0	16	0	15	15	0	0	100	
16" Yucateco	M,S,W	1 slice	460	15	19	7	35	0	40	13	1120	49	58	21	0	0	4	0	20	0	20	15	0	0	120	
18" Yucateco	M,S,W	1 slice	570	17	22	8	40	0	45	15	1410	61	77	28	0	0	6	0	25	0	25	20	0	0	140	
PIZZA ON GLUTEN FREE CRUST																										
12" Alligator-GF Crust	M,S,W	1 slice	300	12	15	5	25	0	30	10	620	27	37	13	0	0	5	0	10	0	10	6	0	2	10	
12" Bac-O-Roni-GF Crust	M,S	1 slice	290	20	26	12	60	0	35	12	73	32	29	11	0	0	4	0	11	0	10	0	0	0	6	
12" BBQ Bacon Cheeseburger-GF Crust	M,S	1 slice	270	17	22	11	55	0	25	8	640	28	32	12	0	0	6	0	10	0	10	6	0	0	6	
12" BBQ Brown-GF Crust	M,S	1 slice	290	12	15	5	25	0	25	8	780	34	36	13	0	0	8	0	9	0	10	6	0	0	90	
12" BBQ Chicken-GF Crust	M,S	1 slice	290	12	15	5	25	0	25	8	760	33	37	13	0	0	9	0	8	0	10	6	0	0	6	
12" Buffalo Bleu Chicken-GF Crust	E,M,S	1 slice	310	16	21	6	30	0	30	10	820	36	31	11	0	0	4	0	9	0	15	0	0	4		
12" Burrito-GF Crust	M,S	1 slice	240	10	13	4.5	23	0	20	7	570	25	30	11	0	0	4	0	7	0	10	0	0	6		
12" Cabo Chicken-GF Crust	E,M,S	1 slice	330	17	22	6	30	0	25	8	720	31	34	12	0	0	4	4	9	0	10	6	0	8		
12" Cheese-GF Crust	M,S	1 slice	260	12	15	6	30	0	25	8	590	26	29	11	0	0	4	0	8	0	20	0	0	4		
12" Chicken Bacon Ranch-GF Crust	E,M,S	1 slice	310	21	27	12	60	0	30	10	810	35	32	12	0	0	4	0	12	0	10	0	0	6		
12" Chicken Burrito-GF Crust	M,S	1 slice	280	12	15	5	25	0	25	8	740	32	33	12	0	0	4	0	8	0	10	6	0	80		
12" Chicken Pot Pie-GF Crust	M,S	1 slice	290	14	18	6	30	0	30	10	590	26	35	13	1	4	6	0	8	0	15	0	2	20	15	
12" Ciambotta-GF Crust	M,S	1 slice	280	13	17	5	25	0	25	8	700	30	32	12	0	0	5	0	8	0	10	6	0	10		
12" Cochino Chicken-GF Crust	M,S	1 slice	300	20	26	12	60	0	30	10	760	33	31	11	0	0	4	0	11	0	15	6	0	330		
12" Combo Classico-GF Crust	M,S	1 slice	270	13	17	5	25	0	25	8	600	26	30	11	0	0	4	0	8	0	10	0	0	4		
12" Creole-GF Crust	M,S	1 slice	270	12	15	5	25	0	20	7	690	30	32	12	0	0	5	0	8	0	10	6	0	90		
12" Don Ho-GF Crust	M,S	1 slice	260	10	13	4.5	23	0	25	8	610	27	33	12	0	0	7	0	8	0	10	0	0	8		
12" Extreme Veggie-GF Crust	M,S	1 slice	250	11	14	4.5	23	0	20	7	580	25	31	11	0	0	4	0	7	0	10	6	2	4	15	
12" Foo Foo-GF Crust	M,S	1 slice	270	12	15	5	25	0	20	7	700	30	32	12	0	0	4	0	8	0	15	0	0	6		
12" Genoa-GF Crust	M,S	1 slice	340	20	26	8	40	0	40	13	930	40	30	11	0	0	4	0	11	0	10	6	0	6		
12" Genovese-GF Crust	M,S	1 slice	270	12	15	5	25	0	20	7	540	23	31	11	0	0	4	0	7	0	15	0	0	8		
12" Greek Veggie-GF Crust	M,S	1 slice	260	12	15	5	25	0	20	7	620	27	31	11	0	0	4	0	7	0	10	6	0	2	8	
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GF PIZZA (cont.)																										
12" Green Chicken Pie-GF Crust	M,S	1 slice	300	15	19	5	25	0	25	8	810	35	33	12	0	0	5	0	9	0	15	6	2	4	330	
12" Hula Hula-GF Crust	M,S	1 slice	270	17	22	11	55	0	25	8	620	27	33	12	0	0	7	0	10	0	10	6	2	0	10	
12" Italiano-GF Crust	M,S	1 slice	290	13	17	5	25	0	25	8	740	32	34	12	0	0	5	0	9	0	10	6	0	0	90	
12" Jamaican Jerk-GF Crust	M,S	1 slice	280	12	15	5	25	0	20	7	690	30	35	13	0	0	7	0	8	0	15	6	2	0	100	
12" Loaded Baked Potato	M,S	1 slice	270	19	24	11	55	0	25	8	550	24	30	11	0	0	3	0	9	0	10	0	0	4		
12" Margherita-GF Crust	M,S	1 slice	250	12	15	5	25	0	20	7	530	23	30	11	0	0	4	0	7	0	10	0	2	2	8	
12" Mediterranean-GF Crust	M,S	1 slice	300	14	18	5	25	0	25	8	820	36	33	12	0	0	4	0	9	0	15	6	0	4	250	
12" Nacho Porko-GF Crust	E,M,S	1 slice	340	18	23	6	30	0	30	10	740	32	35	13	0	0	4	0	9	0	15	6	0	0	60	
12" Nashville Honey Hot Chicken-GF Crust	M,S	1 slice	280	12	15	5	25	0	20	7	740	32	34	12	0	0	5	4	8	0	10	0	0	4		
12" No Kiss Tonight-GF Crust	M,S	1 slice	300	14	18	6	30	0	30	10	730	32	32	12	0	0	4	0	9	0	10	0	0	4		
12" Ol' Hickory-GF Crust	M,S	1 slice	270	17	22	11	55	0	25	8	600	26	33	12	1	4	5	0	10	0	15	6	2	2	10	
12" Papa's Favorite-GF Crust	M,S	1 slice	250	11	14	4.5	23	0	20	7	560	24	30	11	0	0	4	0	7	0	10	0	0	6		
12" Pepperoni-GF Crust	M,S	1 slice	280	14	18	6	30	0	30	10	680	30	29	11	0	0	4	0	8	0	10	0	0	6		
12" Philly Cheesesteak GF Crust	M,S	1 slice	280	12	15	5	25	0	30	10	720	31	30	11	0	0	4	0	10	0	15	6	0	2	10	
12" Popeye & Olive Oil-GF Crust	M,S	1 slice	260	13	17	6	30	0	25	8	560	24	30	11	0	0	4	0	8	0	15	0	2	4	8	
12" Rustic-GF Crust	M,S	1 slice	270	11	14	5	25	0	20	7	5800	25	33	12	1	4	5	0	8	0	10	6	4	4	20	
12" SchMACaroni-GF Crust - NOT A GF ITEM	E,M,S,W	1 slice	300	19	24	12	60	0	30	10	680	30	34	12	0	0	4	0	11	0	15	6	0	0	4	
12" Schmeat Trio-GF Crust	M,S	1 slice	280	13	17	6	30	0	30	10	730	32	30	11	0	0	4	0	10	0	10	6	0	0	6	
12" Sch'Meat'za-GF Crust	M,S	1 slice	340	24	31	14	70	0	45	15	900	39	30	11	0	0	4	0	15	0	10	6	0	0	6	
12" Schpaghetti & Meatball-GF Crust - NOT A GF ITEM	E,M,S,W	1 slice	320	14	18	6	30	0	30	10	670	29	37	13	0	0	5	0	11	0	15	6	0	0	6	
12" Spicy Italian-GF Crust	M,S	1 slice	260	12	15	5	25	0	25	8	590	26	31	11	0	0	4	0	7	0	10	6	0	2	15	
12" Spicy Thai-GF Crust - NOT A GF ITEM	M,P,S,W	1 slice	290	13	17	5	25	0	20	7	750	33	33	12	0	0	5	0	8	0	10	0	0	2	8	
12" Steak & Baked Potato-GF Crust	M,S	1 slice	290	13	17	6	30	0	35	12	770	33	31	11	0	0	4	0	10	0	10	6	0	0	6	
12" Steak Fajita-GF Crust	M,S	1 slice	270	12	15	5	25	0	30	10	750	33	30	11	0	0	5	0	10	0	10	6	0	0	15	
12" Sweet & Sour Chicken-GF Crust	M,S	1 slice	280	12	15	4.5	23	0	20	7	680	30	36	13	0	0	8	0	8	0	10	6	0	0	15	
12" Taco Truck Steak Taco-GF Crust	E,M,S	1 slice	300	15	19	6	30	0	30	10	760	33	30	11	0	0	4	0	10	0	10	0	0	0	4	
12" The Sink-GF Crust	M,S	1 slice	340	19	24	6	30	0	35	12	870	38	32	12	0	0	5	0	10	0	8	6	0	0	15	
12" The Wrangler GF Crust	M,S	1 slice	280	12	15	5	25	0	30	10	750	33	34	12	0	0	8	0	9	0	10	6	0	0	8	
12" Traditional-GF Crust	M,S	1 slice	290	15	19	6	30	0	30	10	740	32	30	11	0	0	4	0	8	0	10	0	0	8		
12" Uncle Buck-GF Crust	M,S	1 slice	260	11	14	4.5	23	0	25	8	660	29	30	11	0	0	4	0	9	0	10	6	0	0	6	
12" Veggie Baby-GF Crust	M,S	1 slice	270	13	17	6	30	0	25	8	560	24	30	11	0	0	4	0	8	0	15	0	2	4	10	
12" Yucateco-GF Crust	M,S	1 slice	330	13	17	5	25	0	25	8	830	36	41	15	0	0	6	0	10	0	10	6	0	0	90	
12" Zorba-GF Crust	M,S	1 slice	300	15	19	5	25	0	25	8	760	33	32	12	0	0	4	0	8	0	15	6	0	2	330	
PASTA																										
Chicken Alfredo	E,M,S,W	1 order	1070	131	168	25	125	0	190	63	810	35	64	23	0	0	6	0	50	0	30	10	0	0	2	
French Onion Mac N' Cheese	E,M,W	1 order	690	60	77	15	75	1	75	25	1570	68	81	29	2	7	8	0	27	0	35	15	0	0	8	
Frikin' Chicken	E,M,W	1 order	1050	128	164	14	70	0	125	42	1330	58	63	23	2	7	3	0	53	0	40	20	4	10	3970	
Garden Noodle	E,M,W	1 order	1400	183	235	20	100	0	25	8	840	37	69	25	3	11	5	0	23	0	25	30	15	40	80	
Mac N' Cheese	E,M,W	1 order	610	26	33	14	70	1	65	22	1130	49	71	26	0	0	11	0	23	0	40	15	0	2	8	
Schpaghetti & Meatball	E,M,S,W	1 order	800	93	119	11	55	0	70	23	1650	72	89	32	0	0	13	0	39	0	40	40	10	2	10	
Schpaghetti & Sausage	M,S,W	1 order	920	108	138	14	70	0	95	32	2000	87	88	32	0	0	14	0	37	0	35	35	10	2	10	
Spicy Cajunator-Alligator	E,M,W	1 order	790	103	132	12	60	2.5	100	33	1430	62	66	24	0	0	4	0	40	0	20	15	0	2	1920	
Spicy Cajunator-Chicken	E,M,W	1 order	730	95</																						

Greek w/Steak (add dressing calories from choices below)	M,S	1 salad	230	13	17	4	20	0	50	17	1280	56	9	3	2	7	3	0	19	0	10	20	10	35	30	
Wedge w/dressing	E,M,S,W	1 salad	390	54	69	33	165	0	45	15	930	40	10	4	1	4	4	0	17	0	10	6	4	4	10	
LARGE SALADS (selected salads served with 4 oz dressing - see selections below)																										
Beet Salad w/ pesto dressing	M,P	1 salad	390	24	31	6	30	0	25	8	960	42	22	8	2	7	10	0	12	0	20	15	15	45	1980	
BLT (served with bleu cheese or ranch dressing on side - see calories below)	-	1 salad	540	71	91	36	180	0	60	20	1240	54	103	5	4	14	5	0	24	0	10	10	10	70	25	
BLT w/Avocado (served with bleu cheese or ranch dressing on side - see calories below)	-	1 salad	580	271	278	211	1055	0	160	53	1710	74	10	4	4	14	3	0	101	0	4	10	10	70	20	
Buffalo Bleu Chicken (served w/chunky bleu cheese dressing on side - see below)	M,S	1 salad	330	15	19	3.5	18	0	25	8	1960	85	27	10	3	11	5	5	16	0	8	2	10	80	40	
Caesar Schmaesar w/dressing	E,M,S,W	1 salad	490	66	85	8	40	0	50	17	1690	73	30	11	3	11	5	0	14	0	20	20	20	70	10	
Caesar Schmaesar w/Chicken & dressing	E,M,S,W	1 salad	630	69	88	9	45	0	130	43	1740	76	30	11	3	11	5	0	39	0	20	20	20	70	10	
Caesar Schmaesar w/Steak & dressing	E,M,S,W	1 salad	780	82	105	14	70	0	140	47	3510	153	32	12	3	11	7	0	42	0	20	30	20	70	10	
Cobb (add 4 oz dressing calories from choices below)	E	1 salad	640	82	105	61	305	0	570	190	1060	46	16	6	4	14	5	0	72	0	10	20	15	70	25	
Fried Chicken Salad w/poppysseed dressing	E,S,W	1 salad	550	28	36	4.5	23	0	85	28	1220	53	42	15	4	14	17	0	28	0	10	30	20	80	60	
Nutritional reports and analysis were compiled from the data supplied by Schmizza International Inc. and Pizza Schmizza® using Genesis® software, and The Food Processor software from ESHA Research, Salem, Oregon.																										
LARGE SALADS (cont.)																										
Garden (add 4 oz dressing calories from choices below)	M,W	1 salad	160	4	5	0	0	0	0	0	330	14	29	11	4	14	5	0	6	0	6	20	20	60	30	
Garden w/Chicken (add 4 oz dressing calories from choices below)	M,W	1 salad	300	7	9	1	5	0	85	28	380	17	29	11	4	14	5	0	32	0	6	30	20	60	30	
Garden w/Steak (add 4 oz dressing calories from choices below)	M,S,W	1 salad	440	20	26	6	30	0	90	30	2150	93	31	11	4	14	7	0	35	0	10	35	20	60	30	
Greek (add 4 oz dressing calories from choices below)	M	1 salad	160	10	13	2	10	0	10	3	730	32	14	5	4	14	4	0	8	0	15	30	20	70	60	
Greek w/Chicken (add 4 oz dressing calories from choices below)	M	1 salad	300	13	17	2.5	13	0	95	32	780	34	14	5	4	14	4	0	34	0	15	30	20	70	60	
Greek w/Steak (add 4 oz dressing calories from choices below)	M,S	1 salad	450	26	33	8	40	0	100	33	2560	111	16	6	4	14	6	0	37	0	15	40	20	70	60	
Southwest Chicken w/Chipotle Lime Ranch dressing	E,M,S	1 salad	800	55	71	9	45	0	100	33	1120	49	33	12	5	18	12	0	37	0	25	15	8	60	20	
Thai Chicken w/ dressing	P,S,W	1 salad	490	21	27	1	5	0	85	28	1690	73	37	13	4	14	24	0	35	0	8	15	10	80	100	
Wedge w/ranch dressing	E,M,S,W	1 salad	770	108	138	66	330	0	90	30	1860	81	19	7	2	7	7	0	35	0	20	6	6	6	15	
DRESSINGS																										
Balsamic Vinaigrette	S	2 oz	120	10	13	1	5	0	0	0	380	17	0	0	0	0	8	0	0	0	0	0	0	0	0	
Bleu Cheese, chunky	E,M,S	2 oz	300	32	41	7	35	0	30	10	510	22	2	1	0	0	2	0	2	0	8	0	0	0	0	
Blue Cheese	E,M,S	2 oz	280	30	38	6	30	0	20	7	400	17	2	1	0	0	2	0	2	0	2	0	0	0	0	
Caesar	E,M,S	2 oz	150	13	17	3	15	0	20	7	620	27	4	1	0	0	2	0	2	0	2	0	0	0	0	
Chianti Basil Vinaigrette	S	2 oz	260	26	33	4	20	0	0	0	380	17	9	3	0	0	8	0	0	0	0	0	0	0	0	
Gorgonzola, creamy	E,M,S	2 oz	250	25	32	6	30	0	30	10	660	29	4	1	0	0	4	0	4	0	6	0	0	0	2	
Honey Mustard Dijon	E,S	2 oz	250	21	27	3	15	0	30	10	340	15	11	4	0	0	11	0	0	0	0	0	0	0	0	
House Ranch	E,M,S	2 oz	230	22	28	4	20	0	10	3	420	18	1	0	0	0	1	0	1	0	2	0	0	0	0	
Mediterranean Feta	M,S	2 oz	180	20	26	4	20	0	10	3	760	33	2	1	0	0	2	0	2	0	4	0	0	0	0	
Poppysseed	E,S	2 oz	250	19	24	3	15	0	30	10	420	18	15	5	0	0	13	0	0	0	0	0	0	0	0	
BURGERS (served with 2oz cole slaw AND a choice of fries or tater tots)																										
BBQ Bacon Burger	E,M,S,W	1 burger	1420	82	105	22	110	0	135	45	2150	93	110	40	2	7	40	0	44	0	4	45	4	2	170	
BBQ Bacon Schmozzarella Burger	E,M,S,W	1 burger	1450	93	119	29	145	0	175	58	1980	86	89	32	1	4	38	0	50	0	30	35	4	2	170	
Bleu Burger	E,M,S,W	1 burger	1420	101	129	34	170	0	195	65	1730	75	61	22	1	4	14	0	51	0	30	35	4	2	15	
Cali Burger	E,M,S,W	1 burger	1340	95	122	28	140	0	160	53	1200	52	59	21	1	4	14	0	46	0	15	35	6	2	160	
Garlic 'Shroom & Swiss Burger	E,M,S,W	1 burger	1260	90	115	25	125	0	135	45	580	25	62	23	1	4	14	0	43	0	20	35	4	2	10	
Public House Burger	E,M,S,W	1 burger	1220	84	108	24	120	0	140	47	870	38	58	21	1	4	13	0	41	0	15	35	4	2	15	
Purgatory Creek Fire Burger	E,M,S,W	1 burger	1370	91	117	28	140	0	150	50	1340	58	79	29	2	7	15	0	43	0	25	40	4	2	180	
Schmozzarella Burger	E,M,S,W	1 burger	1290	88	113	28	140	0	165	55	1160	50	61	22	1	4	14	0	46	0	30	35	4	2	160	
Veggie Burger	E,M,S,W	1 burger	1280	69	88	15	75	0	45	15	2070	90	115	42	2	7	22	0	37	0	20	20	4	4	220	
Add cheese to any burger (see calories below)																										
Cheddar, .75 oz slice	M	1 slice	80	7	9	4	20	0	25	8	135	6	0	0	0	0	0	0	5	0	15	0	0	4	0	
Pepper Jack, .75 oz slice	M	1 slice	80	6	8	4	20	0	25	8	130	6	0	0	0	0	0	0	5	0	10	0	0	0	0	
Provolone, .75 oz slice	M	1 slice	80	6	8	3	15	0	15	5	180	8	0	0	0	0	0	0	5	0	10	0	0	0	0	
Shaved Parmesan	M	2 oz	240	142	182	9	45	0	45	15	520	23	0	0	0	0	0	0	19	0	35	0	0	0	2	
Shredded Mozzarella	M	2 oz	150	11	14	7	35	0	40	13	480	21	2	1	0	0	0	0	10	0	25	0	0	0	0	
Swiss, .75 oz slice	M	1 slice	80	6	8	4	20	0	20	7	50	2	1	0	0	0	0	0	6	0	15	0	0	0	0	
FISH N CHIPS (served with 4 oz cole slaw, 4 oz tarter sauce, and a side of fries)																										
Fish n Chips	F,W	3 pieces	290	14	18	2.5	13	0	55	18	630	27	22	8	0	0	2	0	18	0	0	10	8	2	8	
Cole Slaw	E,S	4 oz	120	8	10	1	5	0	0	0	65	3	11	4	2	7	9	0	1	0	2	6	4	2	45	
Fries (side)	S	8 oz	380	14	18	4	20	0	0	0	810	35	60	22	0	0	3	0	6	0	0	6	0	2	20	
Tarter Sauce	E,M,S	4 oz	550	53	68	10	50	0	25	8	790	34	5	2	1	4	1	0	2	0	4	6	2	0	1110	
SANDWICHES (select sandwiches served with 2oz cole slaw¹ OR garden salad² AND choice of fries or tater tots)																										
BTLA ¹ (served on white bread)	E,M,S,W	1 sandwich	620	39	50	8	40	0	25	8	1210	53	45	16	3	11	7	0	18	0	20	15	10	6	20	
BTLA ¹ (served on wheat bread)	E,M,S,W	1 sandwich	620	39	50	8	40	0	25	8	1170	51	47	17	3	11	7	0	20	0	6	15	10	6	20	
Buffalo Bacon Chicken ²	E,M,S,W	1 sandwich	840	41	53	11	55	0	75	25	2180	95	74	27	1	4	14	0	38	0	15	20	10	2	15	
Chicken Bacon Ranch ¹	E,M,S,W	1 sandwich	710	29	37	7	35	0	125	42	1580	69	61	22	1	4	14	0	52	0	15	15	4	2	15	
Chicken Parmigiano ² (2 oz marinara sauce on side-see calories below)	M,S,W	1 sandwich	640	23	29	8	40	0	65	22	1140	50	71	26	0	0	12	0	34	0	20	20	8	2	10	
Clubhouse ¹ (served on white bread)	E,M,S,W	1 sandwich	1040	69	88	18	90	0	100	33	1890	82	60	22	1	4	10	0	35	0	60	20	8	15	20	
Clubhouse ¹ (served on wheat bread)	E,M,S,W	1 sandwich	1040	69	88	18	90	0	100	33	1830	80	63	23	1	4	10	0	38	0	35</					

Chili (side)	M	1 cup	210	11	14	3.5	18	0	30	10	520	23	22	8	0	0	6	0	14	0	10	20	0	15	25	
Chili (large)	M	1 bowl	340	17	22	6	30	0.5	50	17	820	36	34	12	0	0	9	0	23	0	10	40	0	20	35	
Clam Chowder (side-served with oyster cracker packet)	F,M,SH,W	1 cup	250	17	22	10	50	0	65	22	1290	56	16	6	0	0	4	0	7	0	8	6	0	15	15	
Clam Chowder (large-served with oyster cracker packet)	F,M,SH,W	1 bowl	410	28	36	17	85	0	110	37	2150	93	26	9	0	0	6	0	11	0	15	10	0	20	25	
Tomato (cup)	M	1 cup	180	13	17	7	35	0	40	13	750	33	13	5	0	0	10	0	3	0	10	6	0	15	10	
Tomato (bowl)	M	1 bowl	310	23	29	13	65	0	70	23	1280	56	21	8	0	0	16	0	6	0	20	6	0	25	20	
Dipstick (served with each soup order)	M,S,W	1 dipstick	160	2	3	0	0	0	0	0	220	10	30	11	0	0	0	0	6	0	2	10	0	0	0	
Oyster Cracker (incl. w/chicken noodle and clam chowder)	W	1 pkt	60	1.5	2	0	0	0	0	0	150	7	11	4	0	0	0	0	1	0	0	0	0	0	0	
TACOS (served with 2oz tortilla chips, 2oz of corn salsa, 2oz of house salsa, & 2oz of black beans on the side)																										
Chicken (3 tacos)	M	1 taco	120	3.5	4	0	0	0	20	7	220	10	14	5	0	0	1	0	8	0	2	6	2	0	220	
Fish (3 tacos)	F,M,S,W	1 taco	510	40	51	6	30	0	10	3	290	13	30	11	0	0	3	0	8	0	6	10	20	0	30	
Steak (3 tacos)	M,S	1 taco	160	7	9	2	10	0	25	8	570	25	14	5	0	0	2	0	9	0	4	6	2	0	220	
Veggie (3 tacos)	M,S,W	1 taco	210	8	10	1	5	0	5	2	390	17	25	9	0	0	4	0	9	0	4	6	2	0	230	
TACOS served with choice of the following sides:																										
Black Beans	-	2 oz	45	0	0	0	0	0	0	0	170	7	8	3	0	0	0	0	3	0	6	15	0	0	0	
Corn Salsa	-	2 oz	60	0.5	1	0	0	0	0	0	105	5	13	5	0	0	3	0	2	0	0	0	0	0	6	
House Salsa	-	2 oz	20	0	0	0	0	0	0	0	360	16	4	1	0	0	2	0	0	0	0	0	0	0	860	
Tortilla Chips	S	2 oz	290	13	17	1.5	8	0	0	0	135	6	38	14	0	0	0	0	3	0	4	6	0	0	0	
APPETIZERS																										
BONE-IN SCHWINGS (served w/condiments & choice of dipping sauce)																										
BBQ Wings (side = 6 pcs, large = 12 pcs)	W	6 pcs	530	30	38	8	40	0	200	67	1330	58	28	10	0	0	25	0	36	0	0	6	0	2	10	
Buffalo Hot Wings (side = 6 pcs, large = 12 pcs)	M,S,W	6 pcs	480	30	38	8	40	0	200	67	2810	122	0	0	0	0	0	36	0	0	0	0	2	20		
Honey Hot Wings (side = 6 pc, large = 12 pc)	-	6 pcs	520	30	38	8	40	0	200	67	1480	64	25	9	0	0	22	44	36	0	0	0	0	2	6	
Plain-Oven Roasted Wings (side = 6 pcs, large = 12 pcs)	W	6 pcs	420	30	38	8	40	0	200	67	880	38	0	0	0	0	0	36	0	0	0	0	0	2	6	
Smokin' Hot Wings (side = 6 pcs, large = 12 pcs)	W	6 pcs	420	30	38	8	40	0	200	67	2020	88	12	4	0	0	12	0	36	0	0	0	0	2	6	
Sweet Red Chili Wings (side = 6 pcs, large = 12 pcs)	S,W	6 pcs	540	31	40	8	40	0	200	67	1460	63	30	11	0	0	25	0	36	0	0	0	0	2	15	
Thai Peanut Wings(side = 6 pcs, large = 12 pcs)	P,S,W	6 pcs	570	38	49	8	40	0	200	67	1680	73	14	5	0	0	10	0	39	0	0	0	0	2	6	
BONELESS SCHWINGS (served w/condiments & choice of dipping sauce)																										
BBQ Boneless Schwings (side = 8 oz, large = 16 oz)	W	8 oz	610	18	23	3	15	0	120	40	1830	80	63	23	0	0	27	0	47	0	0	15	0	2	10	
Buffalo Hot Boneless Schwings (side = 8 oz, large = 16 oz)	M,S,W	8 oz	560	18	23	3	15	0	120	40	3310	144	36	13	0	0	3	0	47	0	0	10	0	2	20	
Plain-Boneless Schwings (side = 8 oz, large = 16 oz)	W	8 oz	500	18	23	3	15	0	120	40	1390	60	36	13	0	0	3	0	47	0	0	10	0	2	6	
Smokin' Hot Boneless Schwings (side = 8 oz, large = 16 oz)	W	8 oz	500	18	23	3	15	0	120	40	2520	110	48	17	0	0	15	0	47	0	0	10	0	2	6	
Sweet & Spicy Boneless Schwings (side = 8 oz, large = 16 oz)	W	8 oz	530	18	23	3	15	0	120	40	1930	84	42	15	0	0	9	0	47	0	0	10	0	0	2	
Thai Peanut Boneless Schwings (side = 8 oz, large = 16 oz)	P,S,W	8 oz	650	26	33	3	15	0	120	40	2190	95	49	18	0	0	13	0	51	0	0	10	0	2	6	
Schwng Condiments w/ bleu cheese dipping sauce (side =3 celery sticks & 3 carrot sticks, large = 6 celery sticks & 6 carrot sticks)	E,M	side	310	32	41	7	35	0	30	10	540	23	4	1	1	4	3	0	2	0	8	0	2	20	6	
Schwng Condiments w/ ranch dipping sauce (side =3 celery sticks & 3 carrot sticks, large = 6 celery sticks & 6 carrot sticks)	E,M,S	side	240	22	28	4	20	0	10	3	440	19	4	1	1	4	3	0	1	0	4	0	2	20	6	
Brussel Sprouts (served with 1 dipstick)	M	1 order	670	86	110	34	170	0	145	48	510	22	34	12	13	46	8	0	17	0	20	30	30	15	2430	
Dipstick	M,S,W	1 dipstick	160	2	3	0	0	0	0	0	220	10	30	11	0	0	0	0	6	0	2	10	0	0	0	
Cauliflower Bites (served with ranch dressing on the side)	M,W	12 oz	570	36	46	6	30	0	0	0	1460	63	57	21	0	0	0	0	4	0	2	20	2	2	6	
Ranch Dressing	E,M,S	4 oz	460	44	56	8	40	0	25	8	830	36	3	1	0	0	3	0	2	0	4	0	0	0	0	
Cheese Curds (served w/marinara sauce on the side)	M,S,W	1 order	550	40	51	20	100	0	100	33	1050	46	30	11	0	0	5	0	25	0	60	0	0	2	6	
Marinara	S	2 oz	25	0.5	1	0	0	0	0	0	230	10	4	1	0	0	3	0	0	0	4	6	2	0	2	
Chicken Tenders (side = 8 oz, large = 16 oz, served w/ranch or blue cheese dressing on the side)	E,M,W	8 oz	410	15	19	2	10	0	55	18	1450	63	4	1	0	0	0	0	28	0	0	15	0	2	6	
Blue Cheese Dressing (side = 2oz, large = 4oz)	E,M,S	2 oz	280	30	38	6	30	0	20	7	400	17	2	1	0	0	2	0	2	0	2	0	0	0	0	
Ranch Dressing (side = 2oz, large = 4 oz)	E,M,S	2 oz	230	22	28	4	20	0	10	3	420	18	1	0	0	0	1	0	1	0	2	0	0	0	0	
Dipsticks (6 dipsticks per order-served with choice of dipping sauce on the side)	M,S,W	1 dipstick	160	2	3	0	0	0	0	0	220	10	30	11	0	0	0	0	6	0	2	10	0	0	0	
Alfredo Dipping Sauce	M,S	4 oz	320	30	38	16	80	0	80	27	500	22	9	3	0	0	5	0	5	0	10	0	0	0	0	
Marinara Dipping Sauce	S	4 oz	50	1.5	2	0	0	0	0	0	460	20	9	3	0	0	5	0	0	0	6	6	6	0	4	
Ranch Dipping Sauce	E,M,S	4 oz	460	44	56	8	40	0	25	8	830	36	3	1	0	0	3	0	2	0	4	0	0	0	0	
Frickles (served with choice of dipping sauce)	W	1 order	230	0	0	0	0	0	0	0	1760	77	30	11	0	0	0	0	6	0	2	15	2	2	640	
Creamy Sriracha Sauce	E,M,S	1 oz	90	8	10	1.5	8	0	5	2	270	12	2	1	0	0	2	0	0	0	0	0	0	0	0	
Onion Ring Sauce	E,M,S	1 oz	80	5	6	1	5	0	5	2	230	10	7	3	0	0	6	0	0	0	0	0	0	0	2	
Ranch Sauce	E,M,S	1 oz	110	11	14	2	10	0	5	2	210	9	1	0	0	0	1	0	1	0	2	0	0	0	0	
FRIES (served with Ranch Dipping Sauce on the side)																										
Bleu Cheese Fries (side = 8 oz, large = 16 oz)	E,M,S,W	8 oz	560	29	37	13	65	0	40	13	1470	64	62	23	0	0	4	0	14	0	15	6	0	2	20	
Four Cheese Fries (side = 8 oz, large = 16 oz)	E,M,S,W	8 oz	500	24	31	10	50	0	35	12	1250	54	62	23	0	0	4	0	11	0	15	6	0	2	20	
Public House Fries (side = 8 oz, large = 16 oz)	S	8 oz	380	14	18	4	20	0	0	0	810	35	60	22	0	0	3	0	6	0	0	6	0	2	20	
Sweet Potato Fries (side = 7 oz, large = 14 oz)	-	7 oz	420	19	24	2.5	13	0	0	0	280	12	58	21	0	0	0	0	5	0	4	6	10	0	0	
Ranch Dipping Sauce (side = 2 oz, large = 4 oz)	E,M,S	2 oz	230	22	28	4	20	0	10	3	420	18	1	0	0	0	1	0	1	0	2	0	0	0	0	
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APPETIZERS (cont.)																										
Hummus (incl. pita slices , cucumbers, olives, bell pepper, carrots, celery & pepperoncini for dipping)	S,W	1 order	810	53	68	5	25	0	0	0	1930	84	68	25	2	7	8	0	16	0	20	35	6	25	60	
Jalapeno Poppers (side = 4 oz, large = 8 oz, served with ranch dressing)	M,W	4 oz	240	10	13	8	40	0	20	7	360	16	34	12	0	0	4	0	6	0	6	0	0	2	10	
Mac N' Cheese Bites (8 pieces, served with 4 oz ranch dressing)	M,W	1 piece	60	0.5	1	0	0	0	5	2	95	4	6	2	0	0	0	0	1	0	2	0	0	0	2	
Ranch Dressing (side = 2 oz, large = 4 oz)	E,M,S	2 oz	230	22	28	4	20	0	10	3	420	18	1	0	0	0	1	0	1	0	2	0	0	0	0	
NACHOS (served with 4 oz House Salsa)																										
Nachos	M,S	1 order	1670	73	94	13	65	0	5	2	2910	127	204	74	0	0	51	0	43	0	120	60	2	2	6	
Chicken Nachos	M,S	1 order	1810	76	97	14	70	0	85	28	2960	129	204	74	0	0	51	0	69	0	120	70	2	2	6	
Steak Nachos	M,S	1 order	1960	89	114	19	95	0	95	32	4740	206	206	75	0	0	53	0	72	0	120	70	2	2	6	
House Salsa	-	4 oz	35	0	0	0	0	0	0	0	730	32	7	3	0	0	3	0	0	0	0	0	0	0	1730	
Onion Rings (served with 4 oz Ring Sauce)	S,W	1 order	680	0	0	0	0	0	0	0	1400	61	150	55	0	0	29	0	15	0	0	10	0	2	6	
Ring Sauce	E,M,S	4 oz	320	21	27	4	20	0	10	3	920	40	29	11	0	0	26	0	1	0	2	6	0	0	6	
Pepperoni Rolls (8 pieces, served with 4 oz marinara sauce)	M,S,W	1 piece	190	12	15	3.5	18	0	20	7	380	17	20	7	0	0	0	0	8	0	8	6	0	0	2	
Marinara Sauce	S	4 oz	50	1.5	2	0	0	0	0	0	460															

Meatball Schliders (3 sliders per order)	E,M,S,W	1 slider	190	9	12	3.5	18	0	20	7	500	22	16	6	0	0	1	0	10	0	10	10	2	0	4	
Public House Schliders (3 sliders per order)	E,M,S,W	1 slider	260	17	22	5	25	1	45	15	220	10	11	4	0	0	0	0	12	0	2	10	0	0	2	
Schmeezy Bread (8 pieces, served with 4 oz marinara sauce)	M,S,W	1 piece	70	3.5	4	1.5	8	0	10	3	130	6	5	2	0	0	0	0	3	0	6	0	0	0	2	
Schmeezy Bread w/Pepperoni (8 pieces, served with 4 oz marinara sauce)	M,S,W	1 piece	90	6	8	2.5	13	0	15	5	21	9	5	2	0	0	0	0	4	0	6	0	0	0	2	
Marinara sauce	S	4 oz	50	1.5	2	0	0	0	0	0	460	20	9	3	0	0	5	0	0	0	6	6	6	0	4	
Schmozzarella Sticks (side = 5 sticks, large = 10 sticks, served with marinara sauce)	M,W	1 stick	90	4.5	6	2	10	0	10	3	290	13	9	3	0	0	2	0	4	0	8	0	0	0	2	
Marinara sauce (side = 2oz, large = 4 oz)	S	2 oz	25	0.5	1	0	0	0	0	0	230	10	4	1	0	0	3	0	0	0	4	6	2	0	2	
Seared Green Beans	S	1 order	550	37	47	3.5	18	0	0	0	2300	100	50	18	12	43	21	0	16	0	15	30	20	20	70	
TATER TOTS																										
Cajun (side=8oz, lg=16oz) (served w/ranch dressing on side)	S	8 oz	420	19	24	3	15	0	0	0	2380	103	53	19	0	0	0	0	6	0	0	6	15	2	15	
Garlic Parmesan (side=8oz, lg=16oz) (served w/marinara on side)	M,S	8 oz	560	27	35	7	35	0	20	7	1400	61	62	23	0	0	0	0	16	0	25	6	15	2	15	
Plain (side=8oz, lg=16oz) (served w/marinara on side)	S	8 oz	420	19	24	3	15	0	0	0	1000	43	53	19	0	0	0	0	6	0	0	6	15	2	15	
Spicy Garlic (side=8oz, lg=16oz) (served w/ranch dressing on side)	S	8 oz	460	20	26	3	15	0	0	0	1400	61	61	22	0	0	0	0	7	0	0	6	15	2	15	
Ranch dressing (side=2oz, lg=4oz)	E,M,S	2 oz	230	22	28	4	20	0	10	3	420	18	1	0	0	0	1	0	1	0	2	0	0	0	0	
Marinara sauce (side=2oz, lg=4oz)	S	2 oz	25	0.5	1	0	0	0	0	0	230	10	4	1	0	0	3	0	0	0	4	6	2	0	2	
TOTCHOS																										
Bacon Bleu Totchos	E,M,S,W	1 order	1310	77	99	24	120	0	95	32	3530	153	121	44	1	4	9	0	30	0	40	15	30	2	50	
BBQ Brisket	M,S,W	1 order	1440	71	91	22	110	1	115	38	3620	157	155	56	1	4	39	0	41	0	45	15	30	2	60	
BBQ Chicken Totchos	M,S,W	1 order	1440	66	85	2	100	1	155	52	3610	157	154	56	1	4	39	0	53	0	45	20	30	2	50	
Plain Totchos (side=8oz, large = 16 oz)	M,S,W	side	570	28	36	7	35	0	20	7	1440	63	65	24	0	0	10	0	13	0	20	6	15	2	25	
Veggie Relish Tray (served w/ ranch dressing on the side)	E,M,S	1 tray	540	45	58	8	40	0	25	8	910	40	19	7	5	18	11	0	7	0	10	10	15	50	110	
Ranch dressing	E,M,S	4 oz	460	44	68	8	40	0	25	8	830	35	3	1	0	0	3	3	2	0	6	0	0	0	0	
WRAPS (served with choice of 8oz fries or tots)																										
BBQ Chicken	E,M,S,W	1 wrap	680	27	35	6	30	0	70	23	1320	57	78	28	1	4	19	0	33	0	20	20	4	35	6	
Caesar	E,F,M,S,W	1 wrap	600	41	53	8	40	0	85	28	1410	61	57	21	1	4	5	0	33	0	20	20	4	35	10	
Southwest Chicken	E,M,S,W	1 wrap	740	38	49	8	40	0	55	18	1360	59	67	24	2	7	7	0	30	0	25	30	10	35	6	
Thai Chicken	E,M,P,S,S,W	1 wrap	650	20	26	3.5	18	0	60	20	1530	67	71	26	2	7	15	15	36	40	10	30	30	40	45	
Served with wraps:																										
Fries	S	8 oz	380	14	18	4	20	0	0	0	810	35	60	22	0	0	3	0	6	0	0	6	0	2	20	
Tater Tots	S	8 oz	420	19	24	3	15	0	0	0	1000	43	53	19	0	0	0	0	6	0	0	6	15	2	15	
KID'S MENU (served with choice of fries, fruit or tots)																										
Burger, Mini (2 mini burgers per order)	M,W	1 burger	280	13	17	4	20	1	40	13	290	13	28	10	0	0	4	0	15	0	4	15	0	0	0	
Cheese Sandwich (served w/2 oz ranch dressing on the side)	E,M,S,W	1 sandwich	360	16	21	8	40	0	50	17	630	27	36	13	0	0	4	0	16	0	35	10	0	8	0	
Chicken Tenders (served w/2 oz ranch dressing on the side)	M,S,W	3 tenders	330	12	15	1.5	8	0	45	15	1160	50	3	1	0	0	0	0	23	0	0	10	0	0	0	
Mac N' Cheese	M,S,W	1 order	450	12	15	4	20	0	30	10	1020	44	60	22	0	0	11	0	14	0	15	10	8	0	0	
Pizza, Cheese with GF crust	M,S,W	1 slice	230	13	17	8	40	0	40	13	730	32	16	6	0	0	4	0	11	0	25	6	0	0	8	
Pizza, Pepperoni with GF crust	M,S,W	1 slice	310	21	27	11	55	0	60	20	1060	46	16	6	0	0	4	0	15	0	25	6	0	0	8	
Spaghetti & Meatballs	M,S,W	1 order	310	25	32	3	15	0	20	7	530	23	41	15	0	0	5	0	14	0	10	15	2	0	2	
Kid's Fries	S	4 oz	190	7	9	2	10	0	0	0	400	17	30	11	0	0	1	0	3	0	0	0	0	0	6	
Kid's Orange segments	-	2 oz	35	0	0	0	0	0	0	0	190	8	8	3	0	0	7	0	0	0	0	0	0	0	15	
Kid's Tater Tots	S	4 oz	210	10	13	1.5	8	0	0	0	500	22	26	9	0	0	0	0	3	0	0	0	6	0	6	
Ranch dressing	E,M,S	2 oz	230	22	28	4	20	0	10	3	420	18	1	0	0	0	1	0	1	0	2	0	0	0	0	
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DESSERT																										
Belgian Chocolate Mousse Cake	E,M,S,W	1 slice	310	16	21	9	45	0	175	58	70	3	36	13	0	0	29	0	9	0	8	0	0	10	6	
Classic Root Beer Float	M	1 float	630	32	41	19	95	0	80	27	210	9	84	31	0	0	64	0	10	0	25	0	0	0	4	
Limoncello Mascarpone Torte	E,M,S,W	1 slice	380	14	18	6	30	0	120	40	260	11	59	21	0	0	41	0	6	0	8	6	0	8	6	
New York Cheesecake	E,M,S,W	1 slice	580	39	50	22	110	1.5	200	67	610	27	48	17	0	0	37	0	10	0	10	6	0	25	0	
Vanilla Bean Ice Cream (scoop = 4oz)	M	1 scoop	260	16	21	10	50	0	40	13	80	3	28	10	0	0	18	0	5	0	10	0	0	0	2	
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